

Introvert or Extrovert?

Which are you?



Mini Quiz






What is the difference?

INTROVERTS

- ✓ Drawn to their inner world
- ✓ Prefer to communicate in writing
- ✓ Work out issues by reflecting on them
- ✓ Learn best by mental practice
- ✓ Private and contained
- ✓ Take initiative when the issue is important to them

EXTROVERTS

- ✓ Attuned to the External Environment
 - ✓ Prefer to communicate by talking
 - ✓ Work out issues by talking about them
 - ✓ Learn best by doing
 - ✓ Sociable and expressive
 - ✓ Take initiative in work and relationships
- 

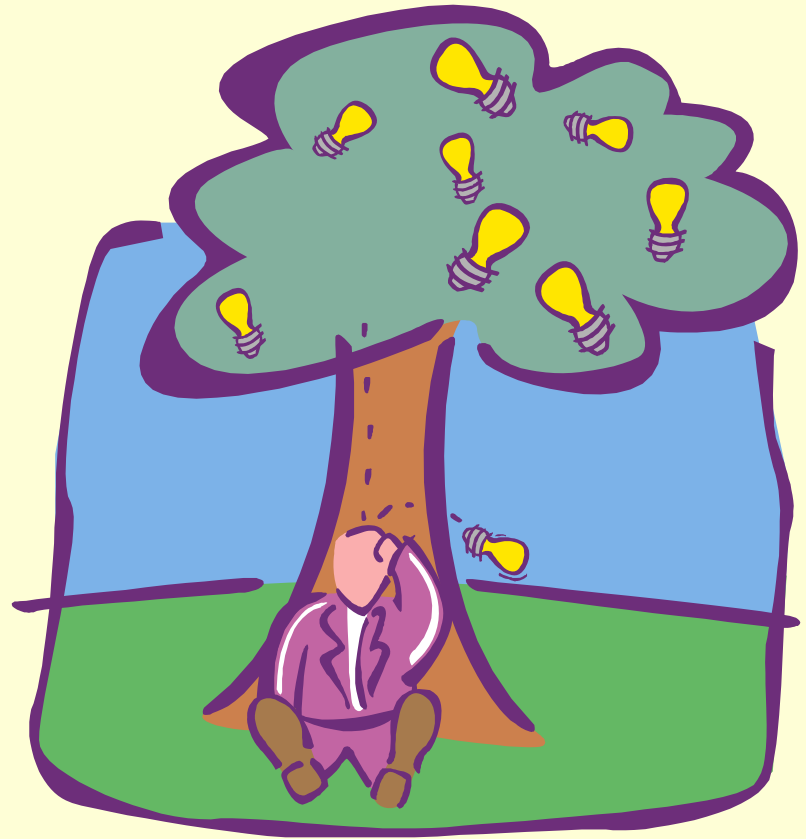
Extrovert

- Active
- Outgoing
- Lively
- Social butterfly



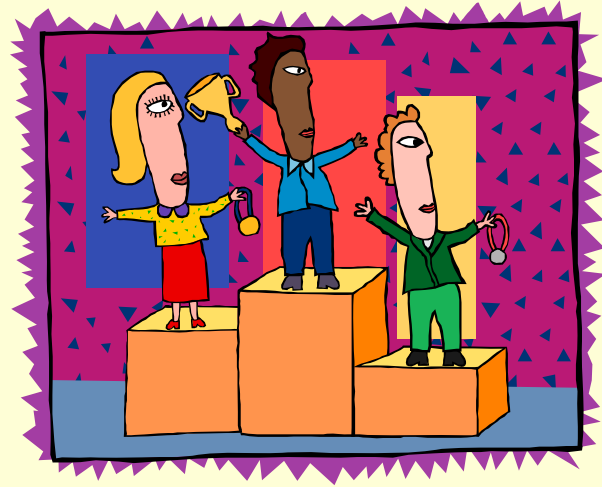
Introvert

- Reflective
- Inward
- Reserved
- Private
- Quiet



Extroverts

- Communicate with others
- Seek attention from those he or she are near
- Easily speaks in public
- Party organizer
- Managers
- Artists



Introverts

- Prefer quiet time
- Enjoy creative work
- Inner speculation
- Scientist
- Researcher
- Writer or
- Individual entrepreneur





What does this mean to me?

- Knowledge about your personality can help you find your learning style





References

- <http://www.chakrachka.ru/en/tela/Etheric-body/Extroverts.htm>
 - Loutricia Nelson, M. Ed
 - Carter, C., Bishop, J., & Kravits, S.L. (1998). Keys to Effective Learning. Prentice-Hall: Upper Saddle River, NJ.
- 